



SJAAN

NEWS LETTER

OUR BELOVED
PATRON

OUR FOUNDER
PATRON



MAR JOSEPH PERUMTHOTTAM
ARCH BISHOP, CHANGANASSERY



MAR JOSEPH POWATHIL
ARCH BISHOP, EMIRITUS



MAR THOMAS THARAYIL
AUXILIARY BISHOP, CHANGANASSERY



DR. SUSAMMA GEORGE P.
ADMINISTRATOR & PRINCIPAL



REV. FR. JOHNSON MATHEW
PRINCIPAL (SPL. EDUCATION)

Editorial

Teachers play an important role in our life to become successful. A good teacher helps us to become a good human being in the society and a good citizen of the country. Teachers know that students are the future of any nation. They are the real rebuilders of the country. So the future development of any nation is in the hands of teachers.

SJB College is continuing its onward march as the embodiment of the educational mission of the Archdiocese of Changanacherry. It imparts knowledge to thousands of students shaping their character and personality as future members of the teaching community.

The Alumni association of SJB College of Education is an energetic wing which succeeds without fail in the implementation and execution of academic programmes. We hope our meeting together will promote cooperation and fellowship.

Principal's Message

I wish to place on record my heartfelt thanks and appreciation to the alumni association for the constant and unwavering support.

An alumnus is an ambassador of the institution who disseminates the values and ideas the institution stands for and propagates these values by being a model to the young.

Alumni association provides a platform for rich and diversified interaction with those who share an alma mater, who were shaped by the nurture abundantly endowed in their formative years. Many an institution is known by the strength of the alumni network.

Our alumni are our brand ambassadors. The courses offered at SJB College are much

sought-after, thanks to the immense goodwill and positive feedback from alumni.

Connecting to one's alma mater is always a great feeling and SJB shares your sentiments. We are elated to get to know about the various achievements of its former students after leaving the college.

SJB believes in lifelong learning and our alumni network should promote qualities such as sharing and caring, constant and periodic communication and assistance to the SJBians as required. I hope you will find SJAAN a valuable resource and support throughout your professional life and beyond.

Dr. Susamma George P.

President's Message

Dear Friends and Alumini Members

I am happy to welcome all of you to our Alumni Association of St John's College of Teacher Education. It is one of the unique teacher education institutions in central Travancore and it gives effective training to reform the teacher training process. Teachers are the real builders of the country. As we know, destiny of our country is being shaped under the surveillance of teachers. So we should always remember the uniqueness of the noble profession.

So, it is a unique moment to wave the unforgettable memories in connection with our college days. Our college days..... it is a festival of golden memories. It is the time to renew those moments which is connected with teaching, learning, friendship and other college activities.

Our association will have to the light house of coming generation. We should give awareness to the students about changing elements and newly formed educational policies of the governments. So we exercise the greater responsibility to the teacher educators.

We eagerly waiting to know of your present status and kind of social mobility gives a positive pleasure when we meet once again. Our College website gives complete information regarding the association and our college. So we should unitedly work for the welfare and development of this association and it is the necessity of time and I assure you the result of it beyond our imagination.



SAJU P. THOMAS
(President, SJAAN)

Hearty Congratulations

PH.D



Dr. Mary K.J



Dr. Sethu S. Nath



Dr. Jayakumari S

SET



Bipin Joseph



Maria Jose



Arya P



Jenna Methew



Revathy T.S

M.Ed Topper

B.Ed Topper

B.Ed Spl Edn.



Christy T Thomas



Sreemol M.R.



Anna Rachel Santhosh

Best Students



Fr. Shinoy Mathew



Sr. Jasmi Joseph

Kalaprathipha

Kalathilakam



Bipin Joseph



Delna Mathew

Sports Individual Champions



Linekar C John



Dency Thomas



Aswathy Zacharia

CTET Winners

NET

JRF



Arya P



Minu George



Tissa John



Rosily P. Ouseph



Blesson Varghese

KTET Winners



Anju Michael



Jacob C Mathew



Sr. Jincy Maria Joseph



Mintu Thomas



Rinumol Mathew



Francis Benny



Anju Jacob



Jeraldin J. Venadampaly



Joncy James



Naveen S. Olickal



Sreedevi K



Sreemol M.R.



Remya K Raveendran



Tinu Mary Philip



Vrinda Sasi



Jain Anna Jacob



Jins Maria Jacob



Nimmy Abraham



Athira Santhosh



Arya P



Aiswarya P Nair



Anju Thomas



Megha Sunny



Minto Elsa Varghese



Aadarsh Mathew Acquins



Radhika Raju



Jibin Sebastian



Maria Jose



Heleny Elsa Varghese



Jobiya Joseph



Irein K.M.



Chikku Sunny



Parvathy G Krishnan



Sudhi Mol E.S



Tiss John



Jerin Mathew



Anju P.J



Agnus Joseph



Ann Elizabeth Mathew



Athira Chandran



Krishnendu P.S



Devikrishna K.A.



Nikhila Babu



Dona Antony



Ashin Antony



Aswathy Raj



Sithara Philip



Nayana Thankachan



Deena Joy



Delna Mathew



Jewel John



Minu George



Teena T James



Teslin Chacko



Jiss Varghese

Intercollegiate Competition Winners

Debate



Rosmin Rose K. Varghese Jerin Joseph Megha Varghese Deena Joy

Shuttle Badminton



Aswathy Zacharia Jeby K. Varghese Parvathy G. Chandran

Group Dance



Aswathy Zacharia Tresa Mary Jose Dona Sebastian Liz Mathew Chinchu Rose Chacko Jyothisree P.R Megha Varghese Smruthy Raj Stephy Maria John

Group Song



Alphonse Thomas Christy Thomas Megha Ann Asokh Maria George Metty Thomas Catherine Emmanuel

Quiz



Minu George Dona Antony

Athletic Meet



Aswathy Zacharia Dency Thomas Amala Elizabeth Abraham Jerin Joseph Sanal Thomas P.R. VenkiteshVarma Ann Mary Jacob Abhijith V. Nair

Mime & Vadamvali



Agnus Joseph Akhila R. Nair Aswathy Zacharia Sr. Tintu Thomas Athira S. Pillai Ganga Gopiraj Jeena Elizabeth Paul Judit Joseph

Spandanam 2019



Parvathy G. Krishnan Teslin Chacko Tissa John Sr. Jisha Varghese Sr. Shyma Joseph Libin Babu Poetry Writing Alisha T. Jose Elocution

Annual Report SJAAN

The annual general body meeting of the Alumni association of St John the Baptist's College of Education, Nedumkunnam was held on 12th May 2018. The inaugural function of the meeting was presided by the Alumni Association President Mr. Tom Jose. Dr. Susamma George P., Principal gave introductory speech. Mrs. Asha Joy, President, Kanjirappally Block Panchayath inaugurated the gathering.

Alumni association publishes News letter in every academic year. Last year's news letter was released on 12th May during the occasion of Sauhruda Sangamam-2018. Rev. Fr. Johnson Mathew, Principal, S.J.B. College of Special Education handed over the news letter to Fr. Tomy Nellikunnel who is our former B.Ed. student 1997-98 batch.

An honouring ceremony for the students of B.Ed. Third Batch, B.Ed. Special Education Second Batch and M.Ed. First batch was conducted during the occasion of Sauhruda Sangamam - 2018. Prof. N. J. Joseph honoured them.

Members of SJAAN from all over Kerala came to the college for

Mrs. Merin M. Thomas
(Secretary, SJAAN)

the annual gathering. The members of the general body meeting elected the following persons to the executive committee. President- Mr. Saju P. Thomas, Vice President- Mrs. Teena Thomas, Secretary- Ms. Merin M. Thomas, Joint Secretaries- Ms. Maymol Joseph & Mr. Jojo Mathew, Executive Members- Mr. Praveen K. Mathew, Mr. Jenny K. Varghese, Mr. Jibin K. Xavier, Mr. Balakrishnan Nair N.R, Mr. Tom Jose, Dr. Mary K.J, Ms. Sandra Rose Varghese.

Alumni association welcomed 2018 – 2020 batch on 10th August 2018. Mr. Saju P. Thomas president of SJAAN, Dr. Susamma George P., Principal, Mr. Bijumon K.O., SJAAN Member addressed the new batch.

Executive committee of SJAAN meets once in two months. Special meeting will be held on necessary occasions. An efficient placement cell functions in our college. Many of our students got placement through campus interviews organized by SJAAN. Association is eager to open a new horizon of opportunities for the students of this college.



Action Competence Model: molding children to a sustainable future



Dr. Mary K.J

The planet is the fundamental resource on which people rely for prosperity. Living in harmony within oneself and with one's natural and social environment is a basic human need (NCF, 2005). However, the environmental change as a result of human behavior is one of the serious crises faced by the nation. According to Population Reference Bureau (2016), human population is anticipated to be 9.9 billion by 2050. As the world's population increases, the demand for food, goods, and space increases. These demands lead to the reduction of forests, decrease in clean water, depletion of the fisheries, air pollution, global warming, and inconsistency in financial resources (North American Association for Environmental Education [NAAEE], 2011).

The research data indicate that knowledge of environmental concepts and issues, attitudes and values related to taking action are necessary for an individual to take action (Hines, Hungerford, & Tomera, 1986). Jensen and Schnack (1997) presented the concept 'Action Competence' as an educational model in an action-oriented approach to Environmental Education. The Action Competence approach points to democratic, participatory and action-oriented teaching-learning. The Action Competence involves two concepts, viz; 'action' and 'competence'.

Action is not mere behaviour and practical activity. It consists of two components of action; (1) observable i.e. to be goal-oriented and directed towards a solution of the problem that is worked with and (2) Non-observable i.e. makes up one's mind oneself and decides to do something (Jensen, 1993). Therefore, action is that one decides to do something, alone or together with others, whether it change in behaviour or attempt to influence the conditions of life (Jensen & Schnack, 1997).

'Action' does not mean 'activity'. An activity is something that one does in an environmental setting, but unless it contains the above said two criteria it remains only an activity. For example picking up waste on the beach, does not qualify as an 'action'. A better response would be to investigate the origin of the pollution and to understand what led to the problem in order to envision an action as a way to solving the problem. This means not looking at symptoms alone, but examining more deeply the hidden structures causing the problem, with a view to finding a solution. An action therefore occurs when knowledge is internalised and responded to in a conscious manner.

Competence is the capacity to meet complex demands in a particular context through the mobilization of knowledge, cognitive skills, practical skills, as well as social and behaviour components such as attitudes, emotions, values and motivations (Wilson-Hill, Law & Eames, 2008).

Action Competence is having a range of competencies to guide appropriate action, and the ability, attitudes and values, willingness to act. It aims on intentional actions to achieve better outcomes for the environment and sustainability. The concept of Action Competence includes the capacity to be able to act, now and in future and to be responsible for one's actions (Jensen & Schnack, 1997). The development of students' Action Competence dependent on a number of factors such as insight and knowledge, commitment, critical thinking, vision, experience and social skills like self-esteem, the ability to cooperate, self-consciousness and self-confidence. (Carlsson & Jensen, 2006). A framework for developing Action Competence was developed by Teaching and Learning Research Initiative (TLRI) project. The framework includes six aspects. These are: Experience, Reflection, Knowledge, Vision, Action, and Connectedness.

Experience: Experience refers to a state, condition (feelings) or an event that

has happened. Mogensen (1995) suggested personality related aspects such as willingness, courage, and motivation needed to develop Action Competence. These emotional impulses cultivate through experiences. Thus experience and actions are closely linked.

Reflection : Reflection is the ability to enquire into the experiences through a process of critical thinking. The development of Action Competence requires reflecting on the experiences and actions. Reflection is necessary to make the connections between thinking, feeling and acting.

Knowledge: Knowledge relates to both conceptual and practical understanding of sustainability and environmental problems. Four dimensions of knowledge are essential to develop Action Competence. They are (1) Knowledge about root causes i.e. about understanding the social, cultural and economic circumstances that have led to the problem, (2) Knowledge about effects of the problem, (3) Knowledge about alternatives and visions, and (4) Knowledge about strategies for change (Jensen, 2002).

Visions: Future visions for sustainability consider how should be the future and what changes need to be made now for that future. This involves understanding sustainability and exploring alternatives for change. A vision for the future can be developed by examining social, environmental, economic and political influences through past and present actions.

Action: Action is the intentional act of doing something. To be action competent, a learner should develop ability to plan and a willingness take effective action. The effect of new/alternate action arise from vision has to be analysed and the barriers to implement these actions should to be assessed and necessary change has to be done (Jensen, 2002).

Connectedness: Connectedness deals with the interconnectedness between people and all aspects of the environment: includes making connections between thinking, feeling and acting.

The six aspects are viewed in a holistic way as each aspect is part of an integrated whole. For example, reflection is often grounded in experience and taking action requires knowledge, a vision and the ability to connect things together. Therefore, Action Competence Model gives emphasize both on thinking and doing by connecting action and cognitive capability. The strategies to foster these components of Action Competence are Experiential learning, Inquiry learning, Reflective practice, Student-centred learning, Affective-aware teaching, Co-operative learning and problem-based learning (UNESCO, 2010).

ACM assists students to use their skills and understandings in order to take positive action. The model has the flexibility to suit any learning area (e.g. chemistry, geography, Biology) as it ensures the interdisciplinary way of teaching and learning. The model provides experiences to be capable of understanding how their actions have an impact on the environment and health. Consequently, students reduce Ecological footprint (which compares impact of human actions on the ecology) of their daily life actions. Moreover, Action competence model inculcate critical thinking and reasoning ability which enable students to take sound decision and action for the sustainable future. It will strengthen the quality of classroom transaction with a pedagogic concern in the dimensions role of teacher, nature of student activities, in relation with Sustainable Development. This inturn creates a Sustainable school environment.

As a former student of SJB I sincerely extends my gratitude towards your contribution in the educational field. SJB made me enough confident to face my life. SJB prepares me through its wide opportunities to become a better teacher. We are proud that we could study the teacher education at one of the best colleges in Kerala. There was all round opportunities and facilities for the proper shaping of a teacher in the 21st millennium. I am grateful to all my teachers, non-teaching staff and my colleagues for gaining my masters degree in education.

Ms. Christy T. Thomas
(M.Ed. Topper)

My College days are unforgettable and in fact those days are the most happiest and fruitful days in my life. Thank God. I take this opportunity to thank my beloved Principal Dr. Susamma George. P, Fr. Joji Mamootil, teachers and non-teaching staffs of this college for the endless support given to us over the years that led us to this stage today. In fact, our experience would not have been the same without the teachers who pushed us, sometimes beyond our normal limits, who enlightened us through theories, practicals, practicums, workshops etc and opened our eyes to the fourth dimension. I proudly feel that I cherished every moments of my life here in my heart forever. I wish SJB could mould more and more makers of the future generation and becomes the top level teacher training college with its par excellence.

Mrs. Sreemol M.R
(B.Ed. Topper)

SJB College A forum of excellence

It is a life changing experience for me to be a part of this college where I was able to unravel the talents which was buried in me for years. Apart from the curricular activities, this college gave me an opportunity to build new relations inside and outside classroom with the mentors from other discipline and with the students and teachers of different schools. More than spoon feeding, SJB College of special education provided me a platform for self-learning and research which helped me to become an inquirer and a risk taker in the field I am working in. My Sincere gratitude to the Principal Rev.Fr. Johnson Mathew, College faculty and the management for all the support and guidance they had given me to achieve my dreams.

Anna Rachel Santhosh
(B.Ed. Special Education - Topper)

Invitation

Hearty Welcome Annual Gathering of SJAAN

DATE : 11.05.2019 TIME : 10 AM
VENUE : COLLEGE AUDITORIUM

CONTACT

**9447121927, 7907095588,
9947964374, 0481-2485048**

**NB: Please convey your presence or absence
as early as possible**

Heartfelt Condolences



MRS. PREEMA JOY
(B.Ed. 2007-08 Batch)